

❖ **To get on the wait list...Complete Contact Form.**

10-DAY DETOX GROUP PROGRAM
Limited to 30 Participants

Investment: USD \$3,500

Format: Online Group Meetups — 90 minutes weekly for 12 sessions
+ 2 x 1 hour 1:1 sessions.

You are just one step away from becoming the best version of yourself!
Empower yourself with knowledge and simple actions to Heal, Transform and Thrive.

What's Included:

1. **Schedule (1 hour, 1:1) appointment. Following the Completion of intake form and recent blood work emailed to me.** To discuss blood work and go over symptoms you are experiencing **prior to the starting the group sessions** (at least 2-3 weeks, please check availability.)
2. **12 Weekly Interactive Online Group Sessions** designed to guide you step-by-step. By taking actions in a timely manner you will start experiencing results in as little as 10 days.
Program requires compliance for results.
3. **Ongoing Support During the Program:**
 - Group Q&A during sessions.
 - If you missed any session you can stay after the next session to ask or report your experience of the week you missed. **This is not encouraged.** This course teaches you to show up for yourself so you can be of service to others. **So think through before not showing up for yourself.**
 - Next steps and resources will be posted in your group.
4. **During the last 3 weeks of the program**, book your second, 1 hour 1:1 consultation. Here we will discuss anything you would like. Review repeat blood work by comparing it with your previous blood work, need more help, feedback on the your experience, suggestions, etc.

What You'll Gain:

- A clear understanding of what health means to you and how to optimize it
- Tools and structure to support healing, transformation and thriving in your life
- Empowerment to become your own health advocate
- Guidance to recognize your inner healing potential
- Support to expand your world and live with purpose

Knowledge + Action = Results

This is what people are saying about this program.....

"I truly appreciate everything you've done to help show me how to heal my body and awaken my mind." PM

"Thank you. You should consider writing a book on all the remedies. They're simple and effective." JA

"You've given me the emotional tools to find peace within. I am surprised to see my evolution and growth in such a short time." TB

"You made me aware of the mental charter I was having with myself that created illness and kept me stuck. I acknowledge my growth and I am working on letting go of fear and behaviors that don't serve me." RG

"Life-changing is an understatement for the value offered in this program. The tools provided, helped me realize my true potential to focus and create a flow of energy to help manifest my goals into reality." CD

Terms and Conditions

- **Schedule:** 90-minute group sessions are held weekly. (USA-New York, Eastern Time)
- **Group Size:** Each group is limited to 30 participants.
- **Participation:**
 - Your questions and active participation is encouraged.
 - Complete assigned tasks before each session to maximize your results.
 - Be courteous and arrive on time for each session.
 - Speaker on mute unless you are speaking and make sure you are in a quiet environment.
- **Privacy:** No recording of sessions due to privacy of participants.
- **Refund Policy:** No refunds will be issued once payment is made.

Please Note:

- I do not deal with any of your medications. It is up to you, to work with your doctor to wean them off.
- Success in this program is determined by the individual's compliance.
- After the 10-Day Detox Program some clients may want further consultations. Post Program Consultations are available.

In purchasing this program you agree to these terms and conditions. If you have any questions please call for clarification before making payment.

Contact Details

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