

## ❖ Get on the wait list...

### **10-DAY DETOX PROGRAM - GROUP**

(Max 20 Participants per Group)

You are just one step away from becoming the best version of yourself! Empower yourself with knowledge and simple actions to Heal, Transform and Thrive.

**Investment:** USD \$3,500

**Format:** Online Group Meetups

#### **What's Included:**

1. **Personalized Assessment** (2 hours, 1:1)
2. **Begin with a private consultation** using your blood work to create a tailored program, delivered to you before group sessions start.
3. **9 Weekly Interactive Video Group Sessions** designed to guide your step-by-step through your transformation.  
(90 minutes each over 3 months)
4. **Ongoing Support:**
  - Group Q&A during sessions
  - Next steps and resources posted in your group
5. **Repeat Lab Evaluation:**  
If you complete follow-up labs two weeks before the final session, you'll receive a 1-hour private consult to review your progress.
6. **Additional Details:**
  - Please note: No recording of sessions (to protect privacy)
  - Phone charges may apply

## **What You'll Gain:**

- A clear understanding of what health means to you and how to optimize it
- Tools and structure to support healing, transformation and thriving
- Empowerment to become your own health advocate
- Guidance to recognize your inner healing potential
- Support to expand your world and live with purpose

**Knowledge + Action = Results**

## **This is what people are saying about this program.....**

"I truly appreciate everything you've done to help show me how to heal my body and awaken my mind." PM

"Thank you. You should consider writing a book on all the remedies. They're simple and effective." JA

"You've given me the emotional tools to find peace within. I am surprised to see my evolution and growth in such a short time." TB

"You made me aware of the mental charter I was having with myself that created illness and kept me stuck. I acknowledge my growth and I am working on letting go off fear and behaviors that don't serve me." RG

"Life-changing is an understatement for the value offered in this program. The tools provided, helped me realize my true potential to focus and create a flow of energy to help manifest my goals into reality." CD

## Terms and Conditions

- **Session Schedule:** 90-minute group sessions are held weekly on Sundays at 10:00 AM EDT
- **Group Size:** Each group is limited to 20 participants.
- **Participation:** Your questions and active participation are encouraged. Please be courteous and arrive on time for each session.
- **Privacy:** Please complete assigned tasks before each session to maximize your results.
- **Refund Policy:** No refunds will be issued once payment is made.

**In purchasing this program you agree to these terms and conditions. If you have any questions please call for clarification before making payment.**

### Contact Details

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